

TOTAL NAILS & HAIR ACADEMY

COURSES OFFERED

Total Nails & Hair Academy has been licensed since 1986. We offer part time and full-time flexible schedules in a creative atmosphere.

Financial aid is available for those that qualify. Price will include kit and books.

Enroll today by calling **561.969.9441**.

Massage Therapy at Total Nails & Hair Academy

Total Nails & Hair Academy's Massage Therapy Program is designed to give the student an introduction to the theory, concept and practice of becoming a professional massage therapist. It fulfills the requirements as set forth by the Florida Board of Massage Therapy and prepares the student for their licensure examination. Our program is designed to give the students the necessary skills to successfully compete in the professional marketplace including both the medical and salon/spa industries. Our program is committed to offering the student the finest training in Swedish, therapeutic and Shiatsu massage techniques. Particular emphasis will be placed on the holistic approach to massage that develops an awareness of the mind, body, spirit interconnectivity. Students will be offered an in-depth study of the human anatomy and physiology and the musculoskeletal system. Our students will also learn how to translate their acquired skills into career opportunities.

Total Academy for Massage Therapy is an Authorized Provider for Massage Therapy Continued Education. Our classes are vibrant and stimulating and cover a wide spectrum of relevant modalities. We also offer online classes for required CE hours regarding the Laws and Rules Governing Massage Practice in the State of Florida. Check with us often to see the latest classes being offered.

Continued Education Classes Presently Being offered:

1. **Shiatsu Massage** - The exciting world of Shiatsu Massage is explored including insights into traditional Chinese meridian energy. Attendees will

have the opportunity to practice with hands on instruction from an expert in this field. (6-12 hours)

2. **Neuromuscular Therapy** - An introduction to Neuromuscular Therapy that includes the application of trigger point therapy. Particular emphasis will be on the treatment of myofascial problems. (6-12 hours)
3. **Chakras** - In Ayurveda, Chakras are considered the seven centers of the Prana. They are located along the spinal column, interrelated with the nervous system and endocrine glands. They are considered centers of consciousness. (6 hours)
4. **Hot Stones/Cold Stones** - Learn how to effectively use stones to provide hot and cold alternating thermotherapy. A variety of stone types and their different usages will be demonstrated in a hands-on setting. (6 hours)
5. **Reflexology** - Learn Reflexology based on the theory that certain points in the foot and hand effect other body organs and areas. Reflexology applies the stimulus/reflex principle to healing the body. (6 Hours)
6. **Florida CE Hours** - Laws and Rules concerning the Massage Therapy Profession in Florida. (12 Hours) Computer based

Passage of a State Board Test is required for licensure.

Course Length: 600 hours

Financing is available.

Cosmetology at Total Nails & Hair Academy

Our cosmetology program is designed to give the student an introduction to the theory and concept of responsible hair and scalp care. The program is practically oriented to build within the student a foundation of useful skills that will enable the graduate to successfully compete in a professional job market.

Students will learn various hair shaping techniques including proper usage of scissors, razors and thinning shears. Chemical services such as permanent waving, permanent and semi-permanent hair color, hair lightening and hair relaxing will be covered in depth, along with styling and treatments. The importance of proper disinfection techniques will be emphasized.

Course Length: 1,200 Hours

Passage of a State Board Test is required for licensure. Financing is available.

Facial Specialist at Total Nails & Hair Academy

Our Program is designed to give the student an introduction to the theory and concept of proper skin care procedures. To prepare the student with the basic skills and knowledge to perform a professional facial. The student will be trained to successfully compete in the professional marketplace of the beauty industry.

The Facial Specialist program will explain the structure and function of skin, describe skin and gland diseases and stress the importance of sanitation and disinfection procedures. Students will learn a variety of facial massage techniques and get an understanding of professional skin care products.

Course Length: 220 Hours

A State Board Test is not required for licensure. Financing is available.

Nail Technician at Total Nails & Hair Academy

The Nail Technician Program is designed to give the student an introduction to the theory and concept of nail care. It prepares the student with the basic knowledge and skills to successfully compete in a professional job market. The objective for the nail technician program will be evaluated on an annual basis.

The Nail Technician Program offers the student an extensive education in manicure and pedicure techniques. It provides the student with the latest advances in linen, silk and fiberglass wrappings. Students will be instructed in the proper application of acrylic, dip, and gel nails. Safe usage of a nail drill will be emphasized.

Course Length: 180 Hours

A State Board Test is not required for licensure. Financing is available.

Electrology at Total Nails & Hair Academy

The objective of our electrolysis program is to give our students a comprehensive education in the rapidly growing industry of permanent hair removal. The program is

practically oriented to build within the student a foundation of useful skills to successfully compete in a professional job market. Preparing the student to successfully pass the state board exam will be a primary focus of the program.

Students will learn the principles of electrolysis including techniques utilizing the Galvanic, Thermolysis and blend systems. Education related to the circulatory, endocrine and integumentary systems will be covered in depth in its relation to electrolysis. Students will be educated in the importance of proper sanitizing, disinfecting and sterilizing techniques. Working safely and professionally with modern technical tools and equipment will be a program focus.

Course Length: 320 Hours

Passage of a State Board Test is required for licensure. Financing is available.

Laser Hair Removal at Total Nails & Hair Academy

Our Laser Hair Removal course is a very advanced high-tech program for those who have completed the pre-requisite Electrology Program, and desire to be on the cutting edge of the hair removal industry. Students work with some of the best Lasers available manufactured by recognized leaders in this fascinating field.

Total Academy for Laser Hair Removal utilizes a single consolidated system that delivers a range of treatments for all skin type hair removal. It is a dual wavelength laser platform that combines the fastest and most powerful 755 nm Alexandrite laser with the 1064 nm Nd: YAG laser for high performance treatment.

Course Length: 30 Hours